

In 1984 I was diagnosed with acute and chronic ulcers of the small intestines. For eleven years I struggled with constant pain. Every meal was a challenge because of the indigestion, pain and often vomiting. My medications became stronger through the years but the symptoms did not go away. Nothing helped the pain or kept the infections from the ulcerations from entering my blood stream.

By 1995 I had exhausted most of my medical options. My prognosis was not good. My grandparents lived in New Mexico and had been receiving healing sessions from Paula Muran and thought she could help me.

The healing session was so unique and difficult to describe, “out of body” is all that comes to mind. Paula worked on me for at least two hours. During the session I laid face down on a massage table. Paula and her spirit guides (Sanatkumara) worked on an energy field called a grid. She completely replaced my intestines, repaired supporting organs; they removed old attachments and cleaned my grids.

I made another appointment the next day because of the timing of my visit. The second visit was just as intense as the first. Reinforcing and continuing unfinished repair work. I followed her instructions of diet, clean water and gem elixirs to a T.

After returning home I had an *endoscopy procedure* done. The results astonished my surgeon, the ulcers were all pink new skin, no open sores, no infection. For the first time in years I could eat without pain! I knew I was healed. I also knew I had to change my thoughts and allow the integration of the new energy to keep myself healthy.

For me it was a miracle. I am now 51 and healthy....Thank You Sanatkumara and Paula Muran.  
Light and Love, **Rhonda N., Chandler, AZ**