

Pattern Healing Work of KumariDevi– Pre and After Care

No other healing sessions match KumariDevi's (Paula's) work. Once you come in contact with her, your life begins to change. During sessions, refrain from telling her too much information about your life, as this is unnecessary and will only slow your progress. Please answer questions with either a "yes" or "no" or "maybe".

KumariDevi talks to the unconscious not the conscious logical mind. The unconscious is not linear. During the session refrain from thinking about other things, as the mental/ego mind will try and make sense of the conversation. Stay focused and listen as she guides you through visualizations. If you have a challenging time visualizing please tell her.

****The ego is challenged in healing sessions and often people put up resistance and begin to get defensive and angry. This is exactly what you want to let go of. If you are not ready to take responsibility for your life then this work is not for you.**

When change is made to relationships with family members or friends they may feel the shift and try to reconnect. Work on not reengaging through anger. Otherwise, you will pull the patterning that was just released back to you.

KumariDevi does not make any judgments about your life and experiences. To her, it's simply energy. The more open you are to change, the more you will benefit. **KumariDevi can go as deep as you allow her to go. This means into past lives, parallel lives and even into the future.** Please keep in mind that although results are often instantaneous, each individual has their own unique reaction. Change can either happen quickly or slowly.

The ego mind and unconscious patterning is addressed in sessions. The more frequently the ego is dismantled the quicker you'll be living the life you dream of. Locating and accessing the unconscious mind is KumariDevi's greatest skill and she does it quickly and thoroughly. Private session address emotional memories and traumas set into place from earlier life experiences.

AFTER CARE

Do not discuss sessions with anyone. This will cause layers that were just released to return. You **do need** to take **positive actions** toward any goals and intentions. Others have reported they feel lighter, less triggered and happier. Sessions provide positive change.

It can take up to three weeks for the session to completely integrate and assimilate into your life. During this time you might elated one day and sad the next. This is all part of the process. Allow any thoughts to come to the surface. Do not attach any narrative to them. Whatever comes up is coming up to leave.

How many sessions will I need? A lot of work is covered in a short amount of time. The number of sessions needed varies from person to person, depending on what you want to accomplish. Many times, people experience shifts early on. However, belief systems are complex and may need deeper work, requiring repeated sessions or a longer program to achieve the desired change. The unconscious mind is layered by experience. It's not a straight line to "one"

pattern it's many patterns. Remember, it took ten, 20 or 30 years to come to the place you are today; true, and lasting change does not take place overnight.

All sessions are paid in advance with Visa, MasterCard or a check. **Sorry, we do not accept American Express or Discover.** You are responsible for additional time used, and any additional time used will be charged accordingly. **The session line phone number is 1-505-681-3509.**

What should I do to prepare for my session? Drink plenty of purified water. It is important to be fully hydrated. Come to the session with an intention of positive change, and be prepared for positive change to take place. **Make sure you have a quiet place to sit where you will not be disturbed during the session and not on speaker phones. Remember cells phones pick up a lot of background noise. Be in a quiet place.**

Please note: We do not refund sessions. If for some strange reason, your session is going poorly, KumariDevi (Paula) will stop it and refund the time remaining. This has never happened though.

Additional Information

Sessions begin once payment is made. For individual sessions you are in the session a full 24 hours before and after the session. During the eight week process or longer programs you are in extended sessions. After the eight weeks is complete, it can take up to few weeks to fully integrate all the changes. This is all a normal part of the healing cycle.

All sessions must be completed in the scheduled time. If you cannot make a session, you are required to give 48-hour notice to reschedule. Unless there is an emergency beyond your control (death, weather, accident), you will forfeit your session that day (week or month) if not rescheduled with notice. Sessions cannot extend passed your scheduled program.

DISCLAIMER

I understand that Paula Muran (KumariDevi) and her staff make no guarantees or promises as to the outcome of the session. Each individual is different, and no two problems are the same. Any information shared with Paula during the session is fully confidential and will not be reused or released.

PLEASE NOTE: If you have a clinical diagnosis of bipolar disorder, severe abuse or any type of schizophrenia, we are sorry Paula is not qualified to take you on as a client.

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If you have any questions, please email admin@kumarainstitute.com

